

The Paleo Paranoids band-info

BAND HISTORY

Founding of the duo in 2016 after a 80s-retro-session in Verden, Germany. Spontaneous meetings in Detjens studio in Bremen/Walle led to the first album in 2018. After the experimental debut "Cargo" (2018) and the gloomy-progressive successor "Rumspringa" (2019), the two musicians show on "Everything's Fine Here" (2021) that, in addition to many other influences, they can also use danceable elements in their music. Despite the very different works, all three albums show the band's very own style.



THE PALEO PARANOIDS

The Paleo Paranoids – Björn Göran Detjen and Thomas Schaefer – are THE two-man alternative band from Bremen, Germany. They mix their basic instruments of several basses, electric piano, guitars, drums, percussion and multi-layered vocals together to create an exciting music menu of swing jazz, rock, indie and sound experiments.

Their energetic albums that have been released so far are an absolute insider tip for music-loving listeners who are looking for weird, rhythmic underground music beyond the unbearable shallowness of the mainstream. With the third album "Everything's Fine Here" the two paranoids even conquer danceable terrain without losing sight of the congenial joy of playing and musical intelligence of the two previous albums.

The albums "Cargo" (2018), "Rumspringa" (2019) and "Everything's Fine Here" (2021) are available as CDs on the band's homepage www.paleoparanoids.de and digitally via the popular streaming and download services.

Web: www.paleoparanoids.de

Facebook:
<https://www.facebook.com/ThePaleoParanoids>

YouTube Channel:
<https://www.youtube.com/channel/UCJLWfU4q1E1RM2q6C0Iomjg>



Björn Göran Detjen

Thomas Schaefer

Instruments: guitars, percussion instruments, keys, voice

Instruments: bass, voice, guitar noises and weird sounds

Born in 1972, lives with his wife and 2 daughters in Bremen/Walle and works as a teacher in Bremen Gröpelingen.
Several musical releases (Doomsday, Swimming with God, Poets of Male Energy).

Born in 1967, studied Geography, worked as a publisher and graphic artist. Semi-professional photographer with several publications (street photography New York etc.) Coverphotos and Coverart of the albums "Cargo", "Rumspringa" and „Everything's Fine Here“.

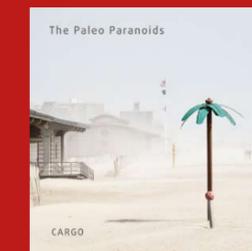
Musical influences: heavy metal, progressive rock, classical, jazz

Musical influences: Math-Rock / New + Dark Wave / Jazz

Passions: Family philosophy, Karate

Passions: The philosophy of crows, Ice Swimming

Cargo
2018



Rumspringa
2019



Everything's Fine Here
2021



Contact + Promo-Requests:
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